

Rising Sun Jujitsu presents



SELF DEFENSE SEMINAR

SATURDAY MARCH 28, 2026

8AM - 5PM

Come and enjoy a fun learning experience
with talented instructors across a wide
variety of disciplines and techniques

SEMINAR INCLUDES:

5 sessions ✓

Breakfast & Lunch ✓

**COST
\$40**

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EXPRESSIONS PERFORMING ARTS CENTER

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